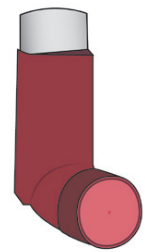


## Corticosteroids

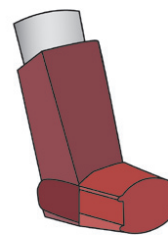
### ICS

(Inhaled Corticosteroid)

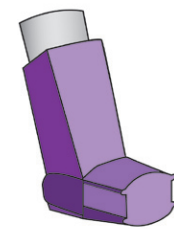
USE REGULARLY  
\*Gargle and spit after each use



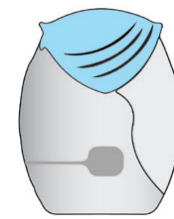
**Alvesco<sup>®</sup> MDI**  
(ciclesonide)  
100; 200 mcg doses  
  
Duration: 24h  
Company: AZ



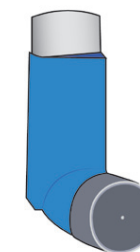
**Flovent<sup>®</sup> MDI**  
(fluticasone propionate)  
50; 125; 250 mcg doses  
  
Duration: 12h  
Company: GSK



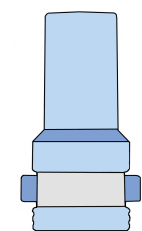
**Advair<sup>®</sup> MDI**  
(fluticasone propionate/  
salmeterol xinafoate)  
125/25; 250/25 mcg doses  
  
Duration: 12h  
Company: GSK



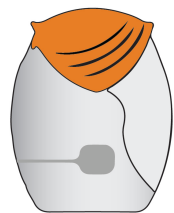
**Breo<sup>™</sup> Ellipta<sup>®</sup>**  
(fluticasone furoate/  
vilanterol trifenate)  
100/25; 200/25 mcg doses  
  
Duration: 24h  
Company: GSK



**Aiomir<sup>™</sup> MDI**  
(salbutamol sulphate)  
100 mcg/dose  
  
Duration: 4-6h  
Company: Valeant



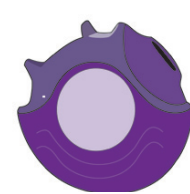
**Foradil<sup>®</sup> Aerolizer<sup>®</sup>**  
(formoterol fumarate)  
12 mcg/dose  
  
Duration: 12h  
Company: Novartis



**Arnuity<sup>™</sup> Ellipta<sup>®</sup>**  
(fluticasone furoate)  
100; 200 mcg doses  
  
Duration: 24h  
Company: GSK



**Pulmicort<sup>®</sup> Turbuhaler<sup>®</sup>**  
(budesonide)  
100; 200; 400 mcg doses  
  
Duration: 12h  
Company: AZ  
\*neb also available



**Advair<sup>®</sup> Diskus<sup>®</sup>**  
(fluticasone propionate/  
salmeterol xinafoate)  
100/50; 250/50; 500/50 mcg doses  
  
Duration: 12h  
Company: GSK



**Symbicort<sup>®</sup> Turbuhaler<sup>®</sup>**  
(budesonide/\*\*formoterol fumarate)  
100/6\*; 200/6\*; 400/12 mcg (FORTE) doses  
Onset: <5m  
  
Duration: 12h  
Company: AZ  
\*may also be used as a reliever with regular therapy



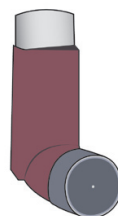
**Bricanyl<sup>®</sup> Turbuhaler<sup>®</sup>**  
(terbutaline sulphate)  
0.5 mg/dose  
  
Duration: 4-6h  
Company: AZ



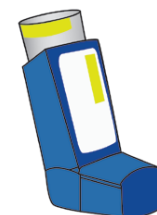
**Oxeze<sup>®</sup> Turbuhaler<sup>®</sup>**  
(formoterol fumarate)  
6; 12 mcg doses  
  
Duration: 12h  
Company: AZ



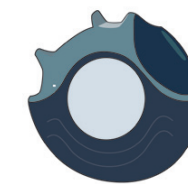
**Asmanex<sup>™</sup> Twister<sup>™</sup> MDI**  
(mometasone furoate)  
100; 200; 400 mcg doses  
  
Duration: 24h  
Company: Merck



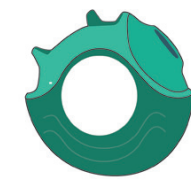
**Qvar<sup>™</sup> MDI**  
(beclomethasone dipropionate)  
50; 100 mcg doses  
  
Duration: 12h  
Company: Valeant



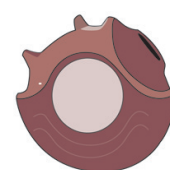
**Zenhale<sup>™</sup> MDI**  
(mometasone furoate/formoterol fumarate)  
50/5; 100/5; 200/5 mcg doses  
  
Duration: 12h  
Company: Merck



**Ventolin<sup>®</sup> Diskus<sup>®</sup>**  
(salbutamol sulphate)  
200 mcg/dose  
  
Duration: 4-6h  
Company: GSK



**Serevent<sup>®</sup> Diskus<sup>®</sup>**  
(salmeterol xinafoate)  
50 mcg/dose  
  
Duration: 12h  
Company: GSK



**Flovent<sup>®</sup> Diskus<sup>®</sup>**  
(fluticasone propionate)  
100; 250, 500 mcg doses  
  
Duration: 12h  
Company: GSK

\* Maximize drug delivery & decrease side effects by using a valved-holding chamber with a metered-dose inhaler  
\* Refer to Product Monograph for recommended dose, which may vary by age  
Video instructions found at: [www.sk.lung.ca/devices](http://www.sk.lung.ca/devices)  
\* Product information found at: [www.sk.lung.ca/drugs](http://www.sk.lung.ca/drugs)  
\* Detailed information on the drugs can be found on the Canada Product Database at: <https://health-products.canada.ca/dpd-bdpp/index-eng.jsp>  
\* Additional RESPREC resources and most current electronic versions available at: [www.sk.lung.ca/resptrec-resources](http://www.sk.lung.ca/resptrec-resources)  
\* Note: may not be a complete list of asthma medications

Dose = one inhalation  
MDI = Metered Dose Inhaler

## Combination Inhalers

### ICS/LABA

(Inhaled Corticosteroid and Long-Acting Beta2-Agonist)

USE REGULARLY  
\*Gargle and spit after each use

## Bronchodilators

### SABA

(Short-Acting Beta2-Agonist)

PRN  
\*RESCUE MEDICATION  
Onset within 5 min

### LABA

(Long-Acting Beta2-Agonist)

USE REGULARLY  
\*Never used on its own for asthma without an inhaled corticosteroid

## Additional Medications

### Anti-IgE:

Xolair<sup>®</sup> (omalizumab)(Novartis)

### IL-5 Inhibitor:

Cinquin<sup>™</sup> (reslizumab) (TEVA)

Fasenra<sup>®</sup> (benralizumab) (AZ)

Nucala<sup>®</sup> (mepolizumab) (GSK)

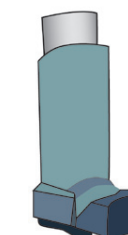
### Leukotriene Receptor Antagonist (LTRA):

Accolate<sup>®</sup> (zafirlucast) (AZ)

Singulair<sup>®</sup> (montelukast)(Merck)

### Oral Corticosteroid (OCS):

Prednisone (e.g., Apotex, Teva, Jaapharm, Pro Doc Ltée)



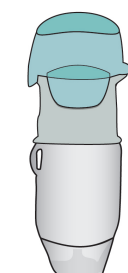
**Ventolin<sup>®</sup> MDI**  
(salbutamol sulphate)  
100 mcg/dose  
  
Duration: 4-6h  
Company: GSK

Company Key:  
AZ – AstraZeneca Canada Inc  
GSK – GlaxoSmithKline Inc  
Merck – Merck Canada Inc  
Novartis Pharmaceuticals Canada Inc  
Takeda – Takeda Canada Inc  
Valeant – Valeant Canada

### LAMA

(Long-acting Muscarinic Antagonist)

USE REGULARLY  
\*Never used on its own for asthma without an inhaled corticosteroid



**Spiriva<sup>®</sup> Respimat<sup>®</sup>**  
(tiotropium bromide monohydrate)  
2.5 mcg/dose  
  
Duration: 24h  
Company: BI